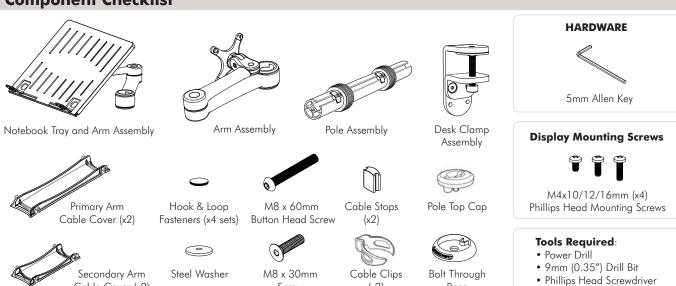


Installation Instructions

VF-AT-NBC Focus | Notebook/Monitor Arm Combo

Component Checklist



(x2)

Base

Cable Cover (x2) IMPORTANT INFORMATION:

IMPORTANT - Install Focus Notebook/Monitor Arm Combo as per installation instruction.

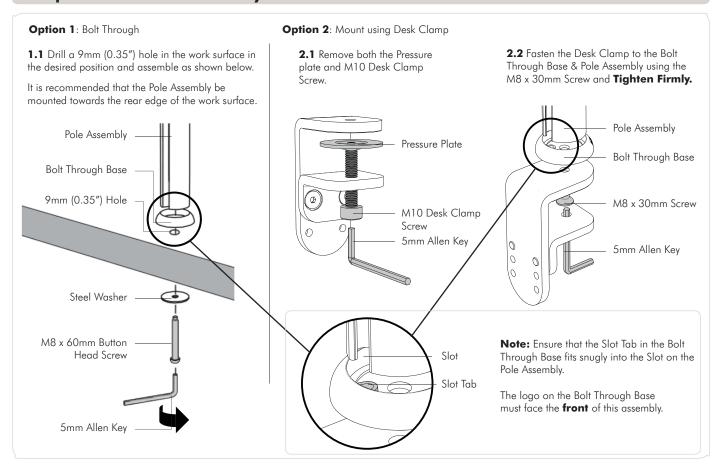
Screw

- This product supports a maximum load of 8kg (17.6lbs).
- The manufacturer accepts no responsibility for incorrect installation.

Step 1. Check Components

Check what you have received against the component checklist and hardware above.

Step 2. Mount Pole Assembly



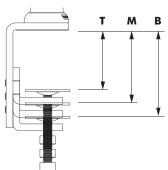
Step 2. Mount Pole Assembly (cont.)

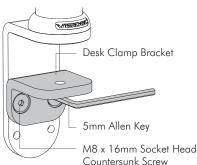
2.3 The Desk Clamp bracket can be repositioned to suit different mounting surface thicknesses. The maximum mounting surface thicknesses supported are listed below from the Top to Middle and Bottom Screw Holes.

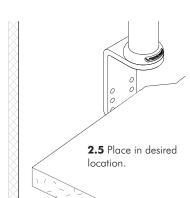
Top 0 - 32mm (default) Middle 7 - 47mm **Bottom** 22 - 62mm

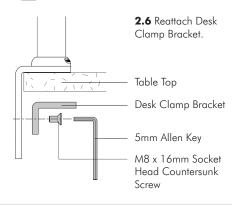
29 - 69mm Middle 43 - 84mm **Bottom** 59 - 99mm If you need to reposition the desk clamp bracket or you have no access to the rear of your table continue to Step 2.4. If you DO NOT need to reposition the desk clamp bracket and you have access to the rear of your table skip to Step 2.7.

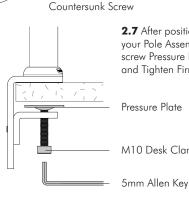
2.4 Remove the M8 x 16mm Socket Head Countersunk Screws to release the Desk Clamp Bracket.











2.7 After positioning your Pole Assembly, screw Pressure Plate in and Tighten Firmly.

M10 Desk Clamp Screw

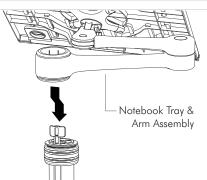
Step 3. Mount Notebook Tray Arm



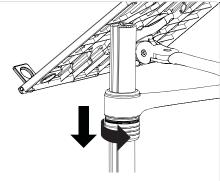
3.1 Unlock 1st Handgrip and remove from Pole Assembly.



3.2 Unlock 2nd Handgrip and raise so that Handgrip Tab protrudes.



3.3 Slip the Notebook Tray & Arm Assembly over the Handgrip Tab and then onto the Pole.

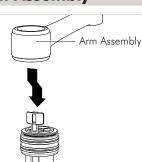


3.4 Slide the Notebook Tray & Arm Assembly and Handgrip down the pole before locking the handgrip at the desired height.

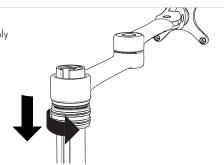
Step 4. Mount Arm Assembly



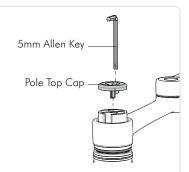
4.1 Reinstall Handgrip so that Handgrip Tab protrudes.



4.2 Slip the Arm Assembly over the Handgrip Tab and then onto the Pole.

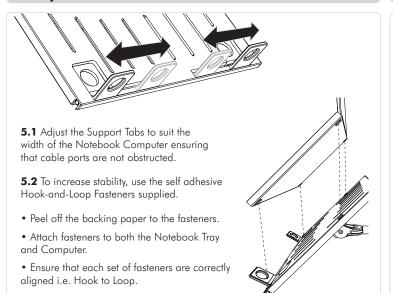


4.3 Slide the Arm Assembly and Handgrip down the pole before locking the handgrip at the desired height.

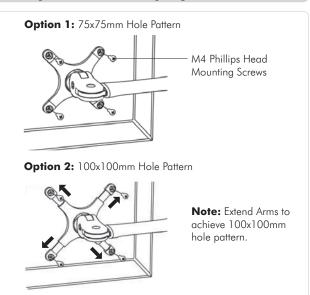


4.4 Insert Pole Top Cap into Pole. This is also where the Allen Key is stored.

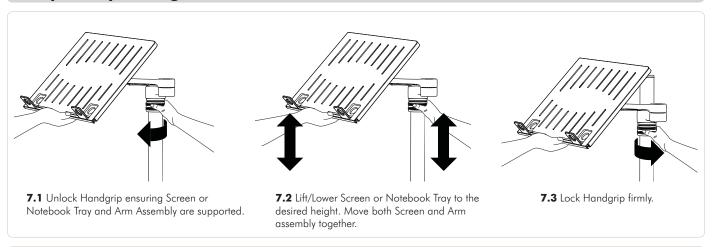
Step 5. Install Notebook



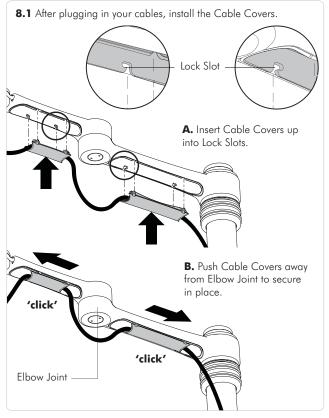
Step 6. Mount Display

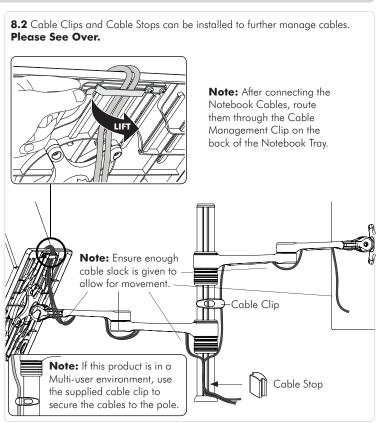


Step 7. Adjust Height



Step 8. Cable Management

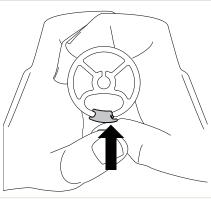




Step 8.2. Insert Cable Stops



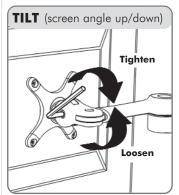
A. Insert Cable Stop on one edge of the Pole Slot.

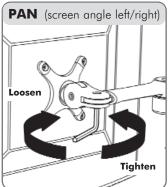


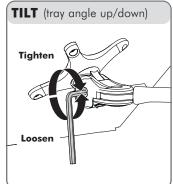
B. Press down firmly onto the other edge of the Cable Stop and hold. This allows the rear profile to flex in place.

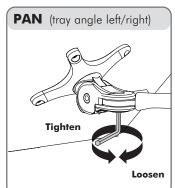


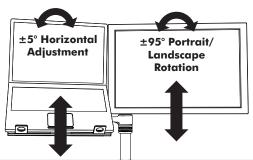
Step 9. Adjusting the Display Bracket





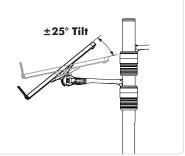






Adjust the tilt angle of the Notebook Tray as desired, locking it in position using the 5mm Allen Key.

The height can be adjusted by unlocking the Handgrips (see Step 7). For the optimal position of your display, refer to the Ergonomic Guidelines below.



Ergonomic Guidelines

Many experts believe that the extended use of any computer screen has the potential to cause serious injury to your eyes, neck and back. This can be largely avoided by correctly positioning your display.

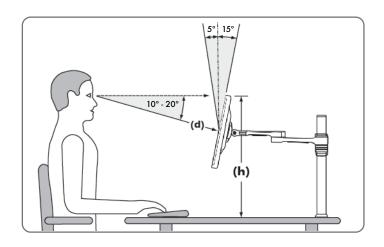
Viewing angle: Ergonomists recommend that the optimal position of your display should be slightly below eye level. When looking at the display's centre the user should have a downward visual angle of approximately 10°-20°.

Height: As a guide, the height **(h)** of your display should approximately be as follows:

- Tall Male (Max): 560mm (22") - Short Male (Min): 368mm (14.5") - Tall Female (Max): 520mm (20.5") - Short Female (Min) 356mm (14")

Distance: For visual comfort, a viewing distance **(d)** between 500mm (20") to 750mm (29.5") is recommended.

Tilt Angle: Angular adjustments to reduce reflection on your monitor should range between 5° forward tilt to 15° backward tilt.



Installation Complete