

Installation Instructions

VF-M Focus | Micro

Component Checklist



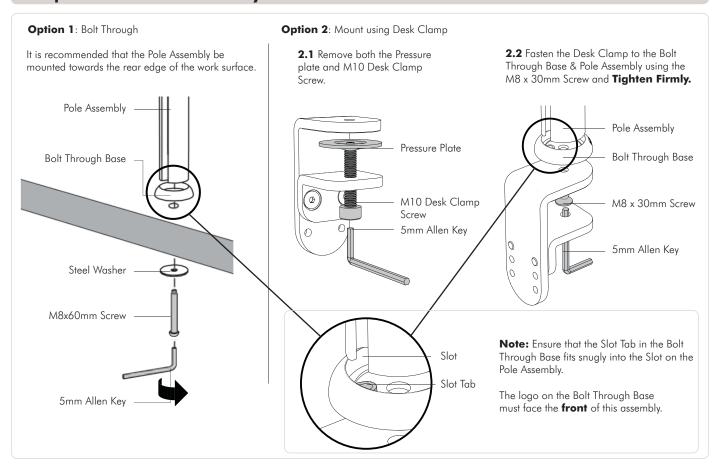
IMPORTANT INFORMATION:

- ! IMPORTANT Install Focus Micro Arm as per installation instruction.
- This product supports a maximum load of 8kg (17.6lbs).
- The manufacturer accepts no responsibility for incorrect installation.

Step 1. Check Components

Check what you have received against the component checklist and hardware above.

Step 2. Mount Pole Assembly



Step 2. Mount Pole Assembly (cont.)

2.3 The Desk Clamp bracket can be repositioned to suit different mounting surface thicknesses. The maximum mounting surface thicknesses supported are listed below from the Top to Middle and Bottom Screw Holes.

 Top
 0 - 32mm (default)
 Top
 29 - 69mm

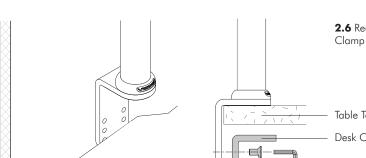
 Middle
 7 - 47mm
 Middle
 43 - 84mm

 Bottom
 22 - 62mm
 Bottom
 59 - 99mm

If you need to reposition the desk clamp bracket or you have no access to the rear of your table continue to **Step 2.4**. If you DO NOT need to reposition the desk clamp bracket and you have access to the rear of your table skip to **Step 2.7**.

2.4 Remove the M8 x 16mm Socket Head Countersunk Screws to release the Desk Clamp Bracket.



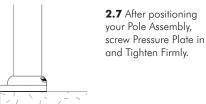


2.6 Reattach Desk Clamp Bracket.

Table Top

Desk Clamp Bracket

 5mm Allen Key
 M8 x 16mm Socket Head Countersunk Screw



M10 Desk Clamp Screw

5mm Allen Key

Pressure Plate

Step 3. Unlock/Lock Arm Rotation (Note: Focus Micro comes assembled in the "Locked" Position.)

Unlock

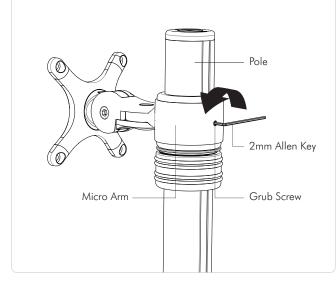
If you wish your Focus Micro Arm to have 360° rotation about the Pole you will need to unlock the arm's rotation.

2.5 Place in desired

location.

Step 1: Unlock the arm by turning the Grub Screw anti-clockwise removing the Grub Screw completely.

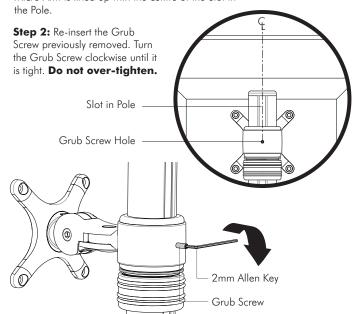
Note: Store the Grub Screw in a safe place if you are to return the arm to the Locked position.



Lock

If you have unlocked your Focus Micro Arm, but wish to fix rotation around the Pole, you will need to lock the arm.

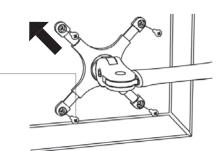
Step 1: Ensure the hole for the Grub Screw in the Micro Arm is lined up with the centre of the Slot in the Pole.



Step 4. Mount Display

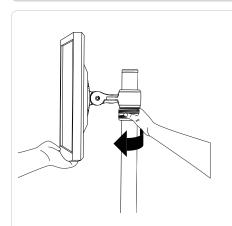
Option 1: 75x75mm Hole Pattern M4 Phillips Head Mounting Screws

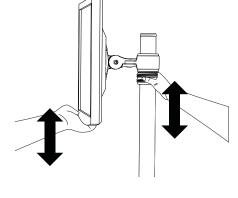
Option 2: 100x100mm Hole Pattern

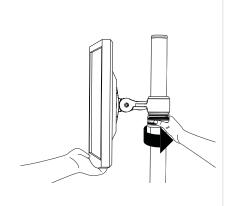


Note: Extend Arms to achieve 100x100mm hole pattern.

Step 5. Adjust Height





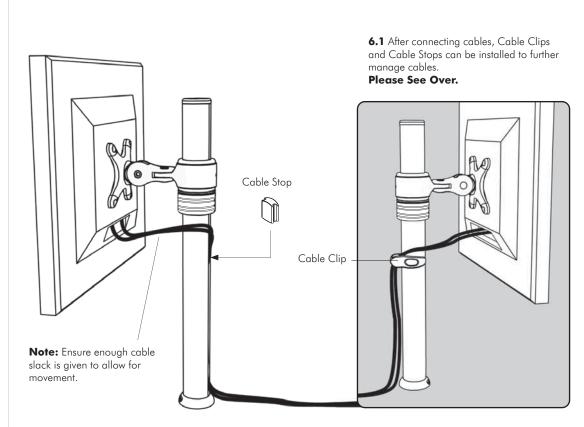


5.1 Unlock Handgrip ensuring both screen and arm assembly are supported.

5.2 Lift/Lower Screen to the desired height. Move both Screen and Arm assembly together.

5.3 Lock Handgrip firmly.

Step 6. Cable Management

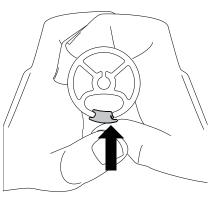


Note: If Focus Micro is to be used in a multi user environment, use the supplied Cable Clip to secure the display's cables to the Pole.

Step 6.2. Insert Cable Stops



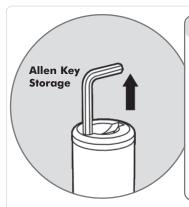
A. Insert Cable Stop on one edge of the Pole Slot.

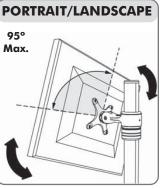


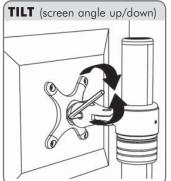
B. Press down firmly onto the other edge of the Cable Stop and hold. This allows the rear profile to flex in place.

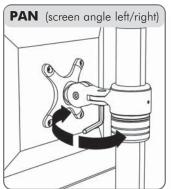


Step 8. Adjusting the Display Bracket









Ergonomic Guidelines

Many experts believe that the extended use of any computer screen has the potential to cause serious injury to your eyes, neck and back. This can be largely avoided by correctly positioning your display.

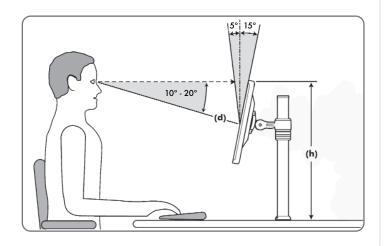
Viewing angle: Ergonomists recommend that the optimal position of your display should be slightly below eye level. When looking at the display's centre the user should have a downward visual angle of approximately 10°-20°.

Height: As a guide, the height **(h)** of your display should approximately be as follows:

Tall Male (Max): 560mm (22")
Short Male (Min): 368mm (14.5")
Tall Female (Max): 520mm (20.5")
Short Female (Min) 356mm (14")

Distance: For visual comfort, a viewing distance **(d)** between 500mm (20") to 750mm (29.5") is recommended.

 $\textbf{Tilt Angle:} \ \, \text{Angular adjustments to reduce reflection on your monitor should range between 5° forward tilt to 15° backward tilt.}$



Installation Complete